



# About Christian Health Care Center

Christian Health Care Center (CHCC) has been fostering health, healing, and wellness in northern New Jersey for more than 100 years. Since its inception, CHCC has grown to offer the most complete continuum of senior living, short-term rehabilitation, and mental-health services available in the area and serves as a vital source of services and information not only for the people we serve but also the greater community. To learn more about Christian Health Care Center, call **(201) 848-4463** or go to **ChristianHealthCare.org**.

## Uniquely qualified

Our high level of medical expertise — as well as our organization's holistic approach to wellness — makes CHCC uniquely qualified to help Vista residents live longer, healthier lives by providing resources that encourage wellness and preventive care.

Vista residents will benefit from the full range of CHCC's resources and the peace of mind they'll have in knowing a highly skilled and recognized team of health-care professionals is developing a strong program for wellness and stands ready to help at any time.

## A non-profit organization

As a non-profit organization, our commitment is to the community and those we serve, as well as the Christian principles on which we were founded. To learn about volunteer opportunities available at CHCC, call (201) 848-5797.

A full spectrum of services to promote health, healing, and wellness for all ages

## SENIOR LIFE

Christian Health Care Center (CHCC) is known for the exceptionally broad range of services we offer seniors — whether they lead active and independent lives, need a little assistance with daily activities, or are in need of 24-hour nursing care. In fact, CHCC offers the area's most complete continuum of services and lifestyle options, with a dedicated staff that includes full-time, on-staff specialists.

- **Independent living** at Evergreen Court, Hillcrest Residence, and Siena Village
- **Assisted living** at The Longview Assisted Living Residence
- **Memory support** at The Courtyard (assisted living) and Heritage Manor Nursing Home (skilled-nursing care)
- **Adult day services**
- **Skilled-nursing care** at Heritage Manor Nursing Home
- **Hospice services** at Heritage Manor Nursing Home
- **Behavior management** at Southgate



## SHORT-TERM REHAB

When an illness, injury, or surgery has you sidelined, CHCC's David F. Bolger Post-acute Care Unit can help you return to wellness and get back to the life you enjoy. Post-acute care — better known as short-term rehab — is care that is received after a hospitalization, with the goal of regaining strength and transitioning back home as healthy as you were before — or better.

Our highly skilled, interdisciplinary team of professionals offers physical, occupational, and speech therapies, as well as education, to help you work toward restoring function that has been compromised by surgery, illness, injury, or disease.

CHCC's 14,000-square-foot Bolger Gym & Wellness Center offers state-of-the-art equipment overlooking stunning views of the Ramapo Mountains and features a Transitional Care Suite.

## MENTAL HEALTH

CHCC offers specialized mental-health programs to care for people of any age with a wide range of diagnoses. We believe in the value and dignity of all people, and seek to meet them where they are, with a team of highly trained, dedicated professionals who provide loving, compassionate treatment and care.

- **Christian Health Care Counseling Center** provides a wide range of outpatient programs, including individual and family therapy sessions and groups, for clients of all ages.
- **Ramapo Ridge Partial-hospitalization Program** is a voluntary, short-term program that serves individuals 18 years and older who need comprehensive treatment, but who do not require hospitalization.
- **Ramapo Ridge Psychiatric Hospital (RRPH)** is a 58-bed, inpatient psychiatric hospital licensed by the state of New Jersey and accredited by The Joint Commission. RRPH consists of two divisions: a general adult psychiatric program and a geriatric psychiatric program. Ramapo Ridge Psychiatric Hospital is licensed to accept both voluntary and involuntary patients.