

CCRCs: More Than Just Services and Amenities



Accepting that your parents are getting older can be a very emotional process. However, a Continuing Care Retirement Community (CCRC) such as The Vista can help your parents enhance their lives in every dimension of wellness: physical, emotional, intellectual, spiritual, social, environmental, and occupational.

Compared to those living on their own, residents living in CCRCs lead more active lives, meet more friends, and have more time to do what they enjoy. With complimentary local transportation and a wide array of programs, classes and social events to choose from, no matter what the season or the weather, your parents will have more freedom, inspiration and engagement at a community like The Vista than they would living on their own.

Without the burden of housework, cooking, and home maintenance, your parents will be free to fill their days with what matters most. At a CCRC, trained professionals handle any support

that may be needed. That means, you can step out of the caregiver role and back into your role as a son or daughter. Without the stress of the usual chores and helping hand you provide, you can once again enjoy your parent's company.

When you get right down to it, the benefits of your parents living in a CCRC such as The Vista, also known as a Life Care community, are priceless. Should health care needs arise, personalized, exceptional care is available on campus within the same community — assisted living, short-term rehabilitation, nursing care, and memory care.

Even if your parents never need the care that Life Care offers, they will still enjoy many hidden benefits. Your parent's estate will be protected and they'll enjoy predictable monthly fees. They will be happier and healthier, and you and your parents will never have to make a care decision in a crisis.

We're here to help you learn the many advantages of a Life Care community. Get in touch and a Vista residency counselor will be pleased to answer any of your questions.



Christian Health is a non-profit organization and is open to anyone regardless of race, sex, or religion.

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THE VISTA
A Christian Health Community