



Sample Menu

Breakfast

Entrees

Two Eggs Classic

Two Eggs Any Style, Choice of Meat,
Home Fries, Toast, Fresh Fruit

Scrambled Egg Quesadilla

Scrambled Eggs, Choice of Meat,
Monterey Jack, Salsa, Guacamole

The Jersey Boy

Taylor Ham, Fried Egg,
American Cheese on a Fresh Roll

Corned Beef Hash

Fried Egg

Oatmeal

Milk, Fresh Fruit

Blueberry Pancakes

Fresh Lemon Zest, Blueberries,
Maple Syrup

Country Style Pancakes

Butter, Syrup

French Toast

Butter, Syrup

Beverages

Assorted Juices

Iced Tea

Soda

Iced Coffee

Fresh Hot Coffee

Hot Tea

Omelets

Three Egg Omelets

Served With Fresh Fruit, Home Fries, Toast

The Vista Omelet

Smoked Ham, Swiss Cheese

Greek Omelet

Spinach, Onions, Feta Cheese

Egg White Vegetable Omelet

Mushrooms, Onions, Tomatoes, Peppers

Bacon, Cheddar Omelet

Western Omelet

Ham, Peppers, Onions

À La Carte

Assorted Cold Cereal

Signature Home Fries

Toast

Apple Smoked Bacon

Turkey Bacon

Sausage Links

Turkey Sausage

Fresh Fruit Cups

Half Grapefruit



THE VISTA

A Christian Health Community



Sample Menu

Starters

Soup du Jour
Made Fresh Daily

French Onion Au Gratin
Provolone, Swiss, Parmesan, Sherry

Quesadilla
Cheddar Jack Cheese, Scallions, Jalapeños,
Guacamole, Sour Cream, Salsa
Add Grilled Chicken
Add Grilled Shrimp
Add Grilled Steak

Salads

****Add Grilled Chicken, Grilled Shrimp,
Salmon to Any Salad**

Caesar Salad
Romaine, Caesar Dressing, Ciabatta Croutons,
Parmigiano Reggiano, White Anchovy

Spinach & Strawberry Salad
Spinach, Sliced Strawberries, Walnuts,
Feta Cheese, Berry Vinaigrette

Vista Salad
Baby Lettuces, Candied Pecans, Crumbled Blue
Cheese, Dried Cranberries, Granny Smith Apples,
White Balsamic Vinaigrette

Chef Salad
Romaine, Tomatoes, Hard Boiled Eggs,
Salami, Turkey, Ham, Swiss Cheese

Salad Platter
Chicken Salad, Egg Salad, and Tuna Salad,
Lettuce, Tomato

Hearth-Fired Flatbreads

Make Your Own Pizza
Pepperoni, Sausage, Bacon, Mushrooms,
Onions, Peppers, Tomatoes

Omelets

Omelet of the Day
(until 4 p.m.)
Ask Your Server for Today's Specialty
Served With Mixed Greens

Sandwiches

Choice of One Side

French Dip
Sliced Roast Beef, Provolone, Au Jus

Grilled Chicken Sandwich
Ham, Swiss, Russian Dressing

Vista Burger
Angus Beef, Vermont Cheddar Cheese,
Apple Smoked Bacon

Hot Dog
Sauerkraut, Relish, Baked Beans

Turkey Club Sandwich
Turkey, Lettuce, Tomato, Apple Smoked Bacon
Choice of Toast

Grilled Cheese Sandwich
American, Provolone, Swiss Cheese,
Apple Smoked Bacon, Tomato, Sourdough Bread

Grilled Reuben
Sliced Corned Beef, Swiss Cheese, Sauerkraut,
1000 Island Dressing, Rye Bread

Chicken Caesar Wrap
Chicken Caesar Salad, Flour Tortilla

Philly Cheesesteak
Shaved Steak, Peppers, Onions,
American Cheese

Open-Faced Tuna Melt
Marble Rye, American Cheese

Crab Cake Sandwich
Lettuce, Tomato, Remoulade Sauce

Honey Roasted Ham & Swiss Cheese Sandwich
Lettuce, Tomato, Choice of Bread

**Chicken Salad, Tuna Salad,
or Egg Salad Sandwich**
Choice of Bread

Half Sandwich and Cup of Soup du Jour

Sides

One Side Included With Each Sandwich

House-Made Potato Chips

Idaho Fries

Sweet Potato Fries

Mixed Green Salad

Fresh Fruit

Salad du Jour



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